



## Scientific Research

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# Experiential education works

A short primer on experiential education

It works

It works better than classroom

Self-facilitating teams produce the greatest  
ROI

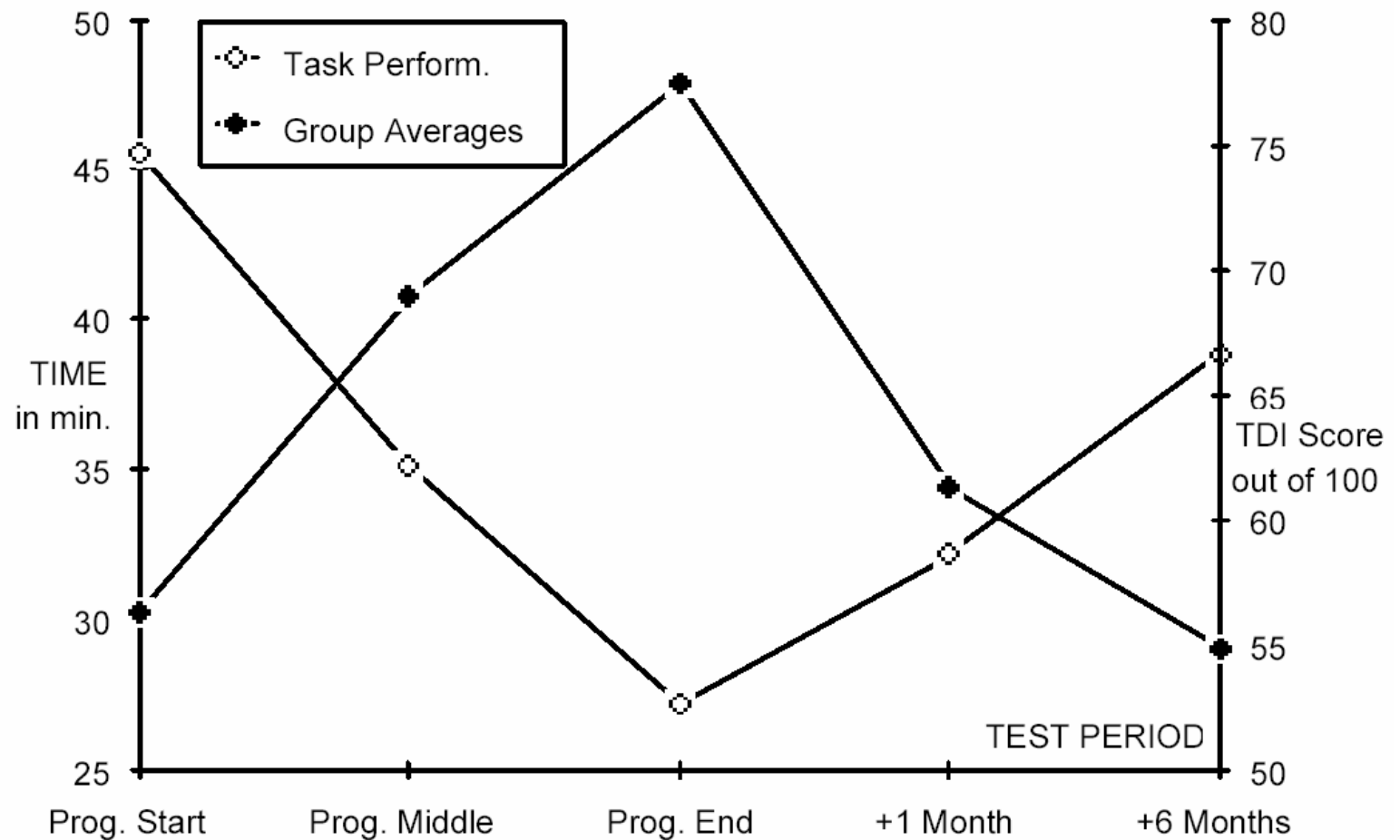


***Highly Developed Teams Do More In Less Time***

As the Group Averages for Team Development increased (TDI Score), the time to complete a task decreased by 40%.

In other words, a better performing team can complete complex tasks in less time.

# it works





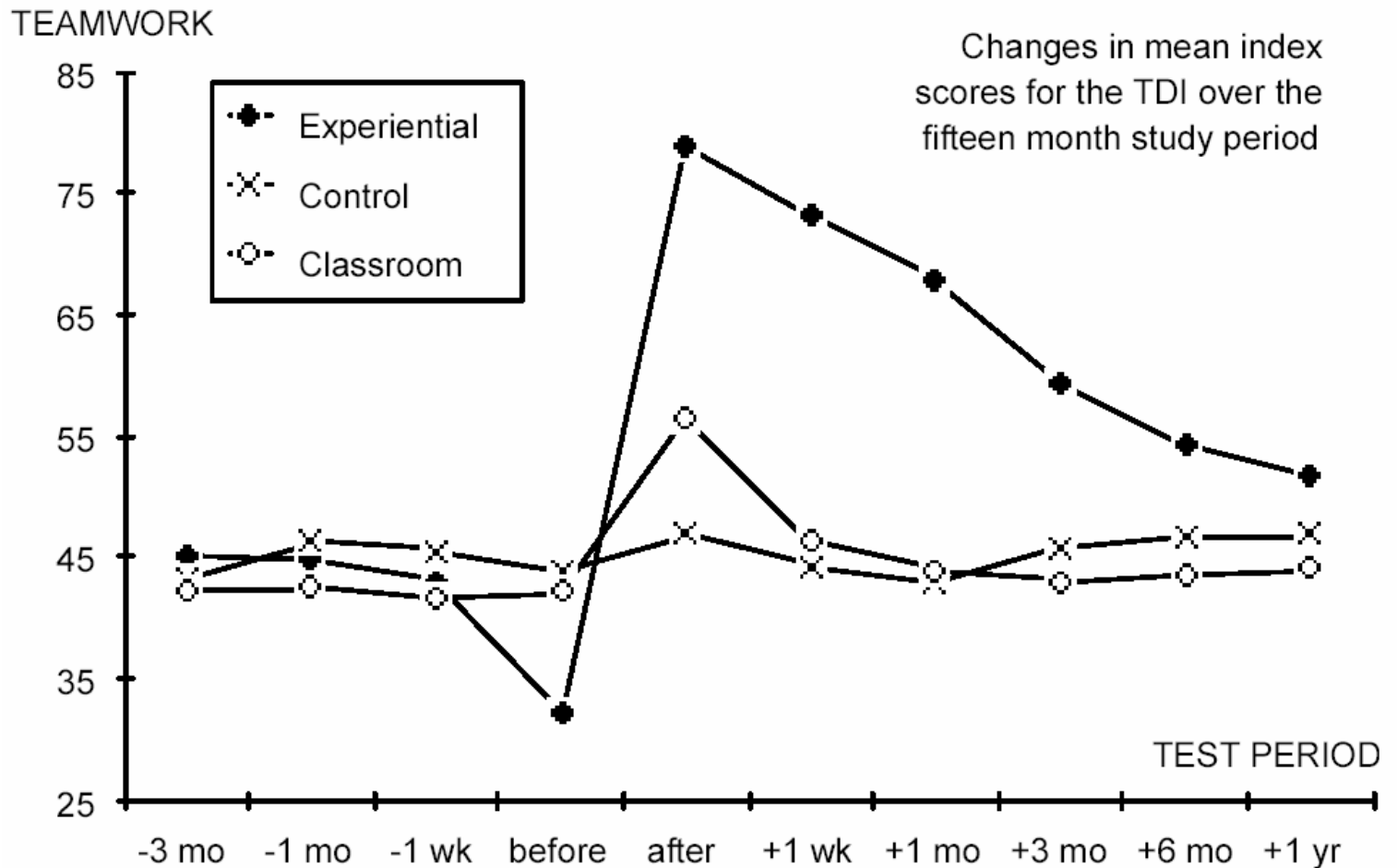
### *Classroom Training is “Shelfware”*

This chart shows that Classroom training provides a small increase in teamwork that evaporates within a week.

### *Experiential Training Makes A Difference*

In contrast, Experiential Training provided a remarkable 77% boost in the Team Development Index that continues to have residual effects up to 1 year, without follow up!

## it works better than classroom





Teams Will Revert  
If There Is No  
Follow Up After  
Training

With Follow Up,  
Teams Will Retain  
80% of The Gains  
From The Training

With Self-  
Facilitation  
Training, Teams  
Retain AND Go  
Beyond The Levels  
Achieved At The  
Training!

Self-Facilitating  
Teams Are The  
“Holy Grail” of  
Team Building!

# self-facilitating teams produce the greatest ROI

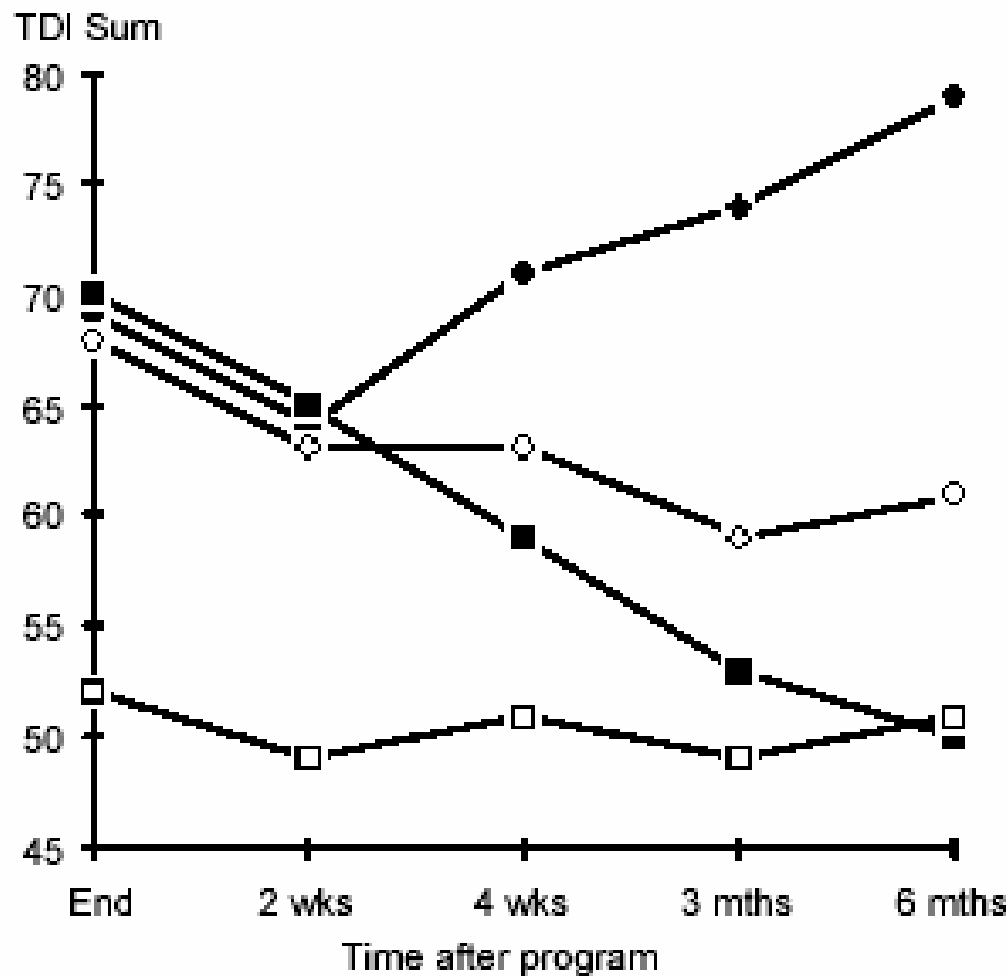


Figure 2: Changes  
in team behaviors  
over time AFTER  
the CAT program

